PHYSIOLOGICAL APPROACH

Physiological psychology focuses on the relationship between our biological makeup and our behavior and experiencence.It is perspective based on certain assumptions,about behavior.Each approaches holds shared ideas about how to describe,predict

And behavior.

These approaches are used in the various scientific diciplines,including medicines,psychology,and biology,to understand how the body works and how it responds to different stimuli.This involves regulating variables like body temperature,blood pressure,and pH levels to keep them within a narrow range.

PSYCHOLOGICAL APPROACHERS

A psychological approach is a field of study that focuses on human mind, behavior, and experiences.It is both an academic discipline and applied science which pursues to interpret a group or individual by means of founding principles through case study and research.It interpretations of psychology that help professionals in the field understand an individual.

While psychological knowledge is often applied to the assessment and treatment of mental health problems,it is also directed towards understanding and solving problems in several spheres of human activity.Some psychologists can also be classified as behavioral or cognitive scientists.